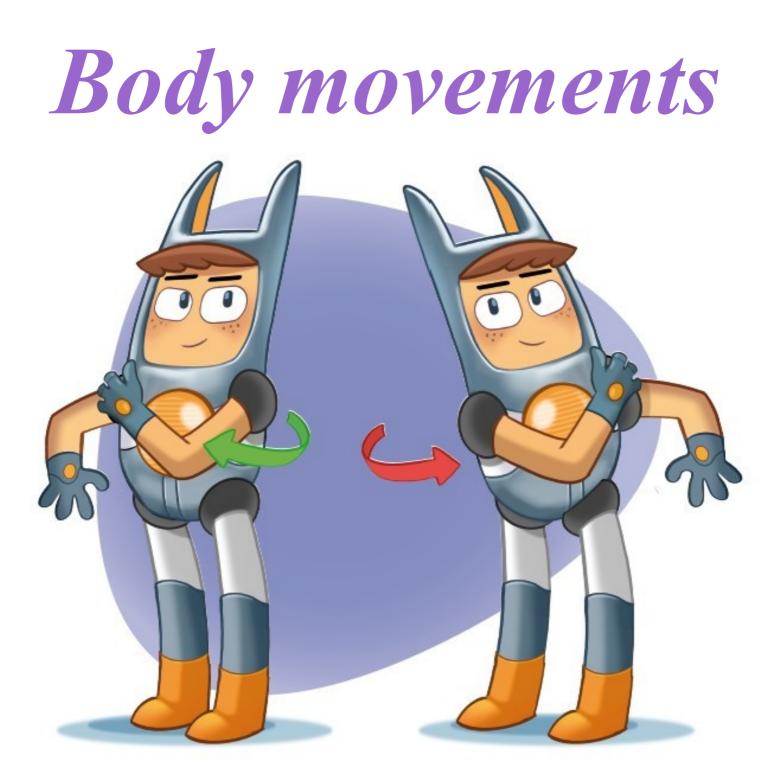
## **Body movements**



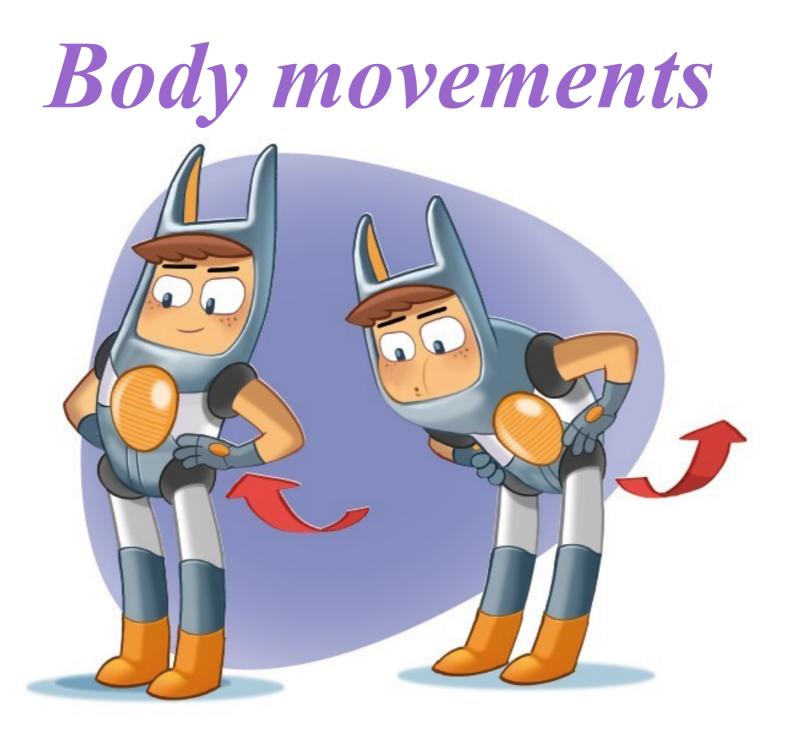
I twist my wrists.



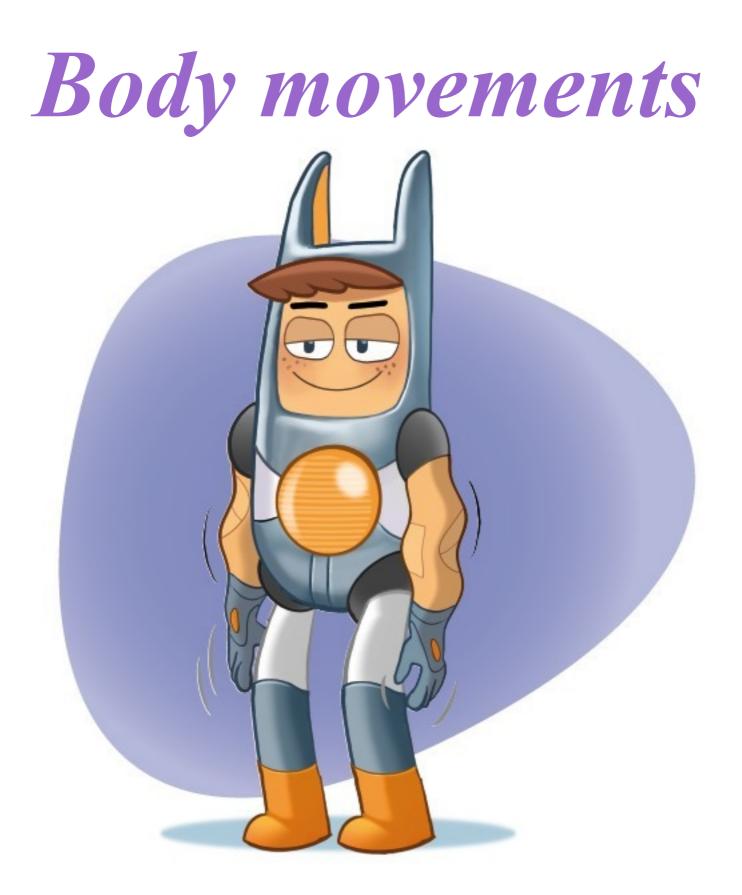
I push back my shoulder with my hand.



I cross one leg over the other. I look behind me.



I push my hips forwards and backwards like a cowboy.



I shake my arms by my side.