

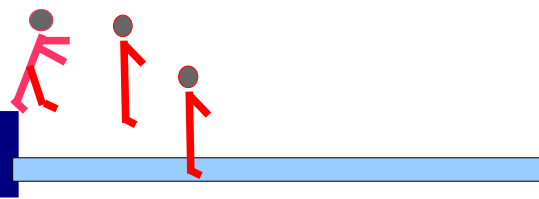
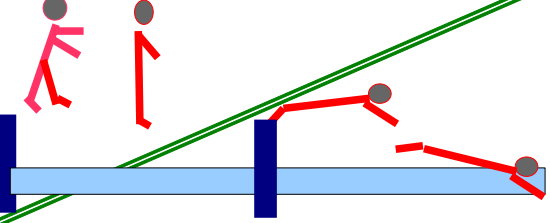
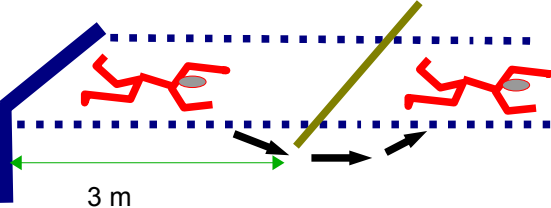
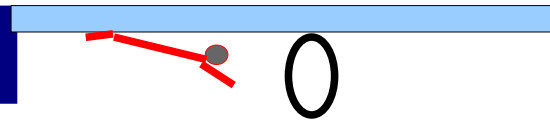

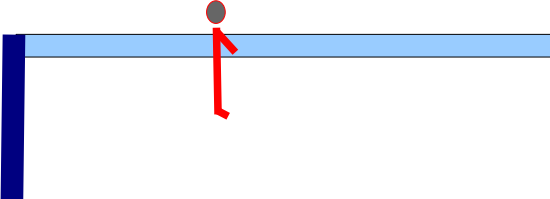
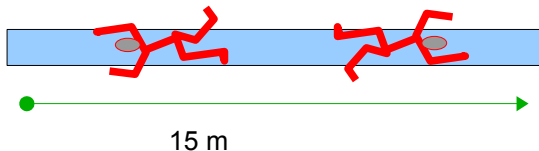
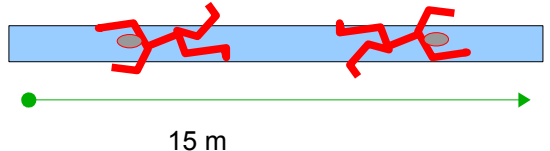
ÉVALUATION NATATION POUR LES ÉLÈVES DU PREMIER DEGRÉ

Nom et prénom :

Animateur du groupe natation :

École :

Classe :

Level 1 : Shallow end		yes/no	Level 2 : Deep end		yes/no
1	<p><i>Jump into the water standing up straight</i></p> 		1	<p><i>Jump or dive</i></p> 	
2	<p><i>Stay under the water and swim under the floating obstacle (pole, lane line)</i></p>  <p style="text-align: center;">3 m</p>		2	<p><i>Swim under the water and go through the submerged obstacle</i></p> 	
3	<p><i>Float for 5 seconds on your back or on your front</i></p> 		3	<p><i>Tread water for 5 to 10 seconds</i></p> 	
4	<p><i>Swim to the edge</i></p>		4	<p><i>Swim to the edge</i></p>	
5	<p><i>Swim for 15 metres without touching the edge or the lane line</i></p>  <p style="text-align: center;">15 m</p>		5	<p><i>Swim for 30 metres (15 m on your front one way, then 15 m on your back going back) - without touching anything</i></p>  <p style="text-align: center;">15 m</p>	

ACQUISITION DU PALIER 1

DATE :

OUI
NON

ACQUISITION DU PALIER 2

DATE :

OUI
NON